

Creating Optimal Reproductive Health for Couples

Health is essential for successful conception. Our approach is simple. By optimizing your health and the health of your partner before conception, we can create the best outcome for fertility, pregnancy and the health of your baby. Together we can change the health of your family's future.

Did you know?

- 1 in five in Canada experience difficulty conceiving
- Eggs take 100 days to mature and sperm takes 116 days to generate
- Infertility largely results from environmental and dietary toxicity, nutritional deficiencies, age, stress, infection and immune dysfunction.

Program Includes

- 4 appointments with your Wellpath Clinic Doctor
- Personal Health and Wellness Questionnaire and Physical Exam
- Laboratory Screening (*this may include blood, urine, hair, PAP, semen*)
- Nutrition Assessment and Personalized Plan
- Stress and Anxiety Assessment
- Toxic Exposure Assessment
- Fertility Awareness Counseling
- Lifestyle Counseling for Optimal Fertility (*cycle charting, BBT etc.*)

To schedule your first appointment, please call 416-972-0770 or email us at live.well@wellpathclinic.com today.

Additional support may include: Acupuncture, Intravenous Vitamin Therapy, Specialized Testing
Additional appointments may be added.